
UNC PSYCHIATRY PEDIATRIC BEHAVIOR CLINIC**PH: 919- 445- 0870****FX: 919-733-9441**

DUKE PSYCHIATRY AND BEHAVIORAL SCIENCES**PH: 919-385-3232****FX: 919-681-1600**

Ellison & Associates of Raleigh**PH: 919 -787-1932****FX: (919) 787-1938**2301 Rexwoods Dr. Suite 102
Raleigh, NC 27607www.eapsych.com

Therapy for Depression and Anxiety, Bipolar Affective Disorder, Family Counseling, Post Traumatic Stress Syndrome, Parenting Support, Grief Counseling, Work and Career issues, Stress Management, Attention Deficit Hyperactivity, Coordination with Primary Care Provider, Psychiatric Evaluation, Medication Management, Developmental disorders and Autism spectrum.

INS: Aetna, Blue Cross Blue Shield, Cigna, United HealthCare/United Behavioral Health, and Beacon.

Katherine Peppers DNP, CPNP, CPMHS, PLLC**PH: 919-720-4000****FX: 984-232-7919*****CALL TO SEE IF ACCEPTING NEW PATIENTS**8358 Six Forks Road Suite 203
Raleigh NC 27615

Assessment, Diagnosis and Treatment of a variety of Pediatric Mental Health Disorders including: ADHD, Autism, Anxiety, Depression, Mood Disorders, Nutritional Disorders, Learning and Intellectual Disability, etc. Provide comprehensive medication management.

INS: BCBS, Aetna, Cigna, UHC, Medicaid/ NC Healthchoice/ All Managed Care Medicaid Plans

North Raleigh Psychiatry, PA**PH: 919-782-9554****FX: (919) 782-9130**5530 Munford Road
Suite 119
Raleigh, NC 27612www.nrpsych.com***2 Providers are Bilingual (fluent in English & Spanish) ***

ADHD Evaluation and Diagnosis, Mood disorders, Bipolar, Anxiety, OCD, Developmental Disorders, Autism Spectrum. Individual & family therapy, medication management.

Call their office or check with your insurance carrier to see if they participate with yours****SE HABLA ESPAÑOL****

Psychiatric Associates of North Carolina**PH: 919-828-9937****FX: 919-828-4287**

4287 St Mary's Place
859 Washington St
Raleigh, NC 27605www.psyassoc.com

Mood disorders (depression, dysthymia, bipolar affective disorder, among others). Anxiety Disorders and Obsessive-Compulsive Disorders (OCD). ADHD (Child, Adolescent, Adult). Sleep Disorders. Eating disorders. Psychotic Disorders. Dementia and Cognitive Disorders. Alcohol and Substance Abuse. Couple Therapy. Perinatal and Postpartum Mood Disorders.

Insurance: Cigna, Blue Cross Blue Shield (except Blue Local or Blue care) United Behavioral Health, Aetna and Medcost

Wake Psychiatry

PH: 919-322-2413

FX: 919-322-2416

1500 Sunday Drive Ste. 200
Raleigh, NC 27607www.wakepsychiatry.com

Psychiatric disorders including but not limited to mood disorders (Depression, Manic Depression, Bipolar Disorder), anxiety, ADHD, and psychoses. Our board-certified doctors are trained to treat children, adolescents, adults, and the elderly allowing us to treat the entire family. Our services include, but are not limited to, diagnostic evaluation, medication treatment and management, psychotherapy, education, CBT, and working with outside therapists.

Insurance Accepted: Aetna, BCBS, Cigna, Magellan, Med Cost, Medicare, PHCS/Multiplan, United Health Care,
****In addition to accepting insurance, we also accept self-pay patients****

Adolescent, Child, and Adult Psychiatry

PH: 919-324-3383

FX: 919-324-3404

EMERGENCY LINE: 919-869-6779Raleigh Office:
4041 Ed Dr.
Raleigh, NC 27612www.dr-marroof.comClayton Office:
501 Gateway Drive Ste. 101
Clayton, NC 27520

ADHD in children and adults, Anxiety Disorders - generalized anxiety, Social Phobia (or Social Anxiety), Panic Attacks, Obsessive-Compulsive Disorder and Separation Anxiety Disorder, Mood Disorders - Bipolar Disorder, Clinical Depression and Post-Partum Depression, Trauma - psychological distress following traumatic life experiences - Post-Traumatic Stress Disorder; treated with EMDR and DBT, Mindfulness Training, Pervasive Developmental Disorders - Autism/Asperger's Disorder, Oppositional Defiant Disorder, Tourette's Disorder, First Episode Psychosis, CNS testing for those diagnosed with ADHD, ADD

Insurance: Aetna, BCBS, Tricare Prime and Standard, Cigna, Medcost, Medicare, Medicaid.
All Managed Care Medicaid Plans (only for medication management)

***** Telehealth now offered (fees may apply) *******Hope Services**

PH: 919-714-7500

FX: 919-714-7513

3000 Highwoods Blvd. Suite 310
Raleigh, NC 27604www.hopeservices4u.com

Comprehensive Clinical Assessments, Outpatient Therapy, Psychiatric Evaluation and Medication Management, Intensive In-Home Services, Day Treatment Services

Call to verify accepted insurance**Vision Behavioral Health Services**

PH: 919-496-7781

FX: 919-496-1477

104 N. Main St. Ste. 200
Louisburg, NC 27549**CRISIS LINE: 919-621-5012**

Comprehensive Clinical Assessments, Medication Management, Psychiatric Evaluations, In Home Therapy Service, Intensive-In-Home Service, Trauma Focused Cognitive Behavioral Therapy (TF-CBT), Substance Abuse Intensive, Outpatient Treatment (SAIOP), Mental Health & Substance Abuse, Individual Outpatient Therapy, Family and Couples Therapy, Woman's Gender Specific Group, Men's Substance Abuse Group, Mood Disorders Group, Anger Management Treatment, DWI Assessments and Treatment

Ins: Blue Cross Blue Shield, Aetna, Tricare, Champ VA, Medicaid/Medicare, Health Choice, State Funded, All Medicaid Managed Care Plans Except Alliance Health

Mind Path Care Centers**PH: 919-792-3967****FX: 919-761-5026**

120 Capcom Avenue, Ste. 101
Wake Forest, NC 27587

ADHD, Anger Management, Anxiety/Panic Disorders, Bipolar/Mood Disorders, Depression, Development Disabilities, Grief/Loss, Nutritional Counseling, PTSD/Trauma, Personality Disorders, Postpartum Depression, Relationship Conflict/Divorce, Self-harm, Sleep Disorders, Stress Management, Substance Use/Abuse, Traumatic Brain Injury and much more.

Ins: Aetna, BCBS, Cigna, Humana, Magellan, Medcost, Medicare, UBH (United Healthcare, & Worker's Comp, All Medicaid Managed Care Plans Only Certain Providers Accept (CALL AND VERIFY WHICH PROVIDER)

NC Neuropsychiatry**PH: 919-785-5055****FX: 984-235-1617**

13251 Falls of Neuse Rd Ste. 121
Raleigh, Nc 27614

www.ncneuropsych.com

ADHD, Anxiety and Depression, Mood Disorders, Learning Disabilities, Developmental Disorders, Brain Injury, PTSD, Geriatric Neuropsychiatry and other hard to treat psychiatric disorders

Ins: Aetna, Blue Cross Blue Shield Except Blue Value and Local, Cigna, Coventry, First Carolina Care, Humana, Medcost, Magellan, All Medicaid Plans, Medicaid Health Choice, Medicare, United Health Care, UBH, Umr, Worker Comp and Self Pay Discounted Rates

Carolina Out Reach

3012 Falstaff Road
Raleigh, NC 27610

PH: 919-615-1027

www.tpfnc.org

FX: 919-615-1501

***CALL TO SEE IF ACCEPTING NEW PATIENTS**

(No BCBS except Blue Options)

Anxiety disorders, Anger issues, Depression, ADD/ADHD, Abuse and trauma, Image and esteem, Behavioural issues, Bipolar disorder, Impulse control disorders, Loss and grief, OCD, Phobias, Serious mental illness, Play therapy, Psychiatric eval and medication mgmt., Outpatient therapy

Insurance: NC Medicaid (All Medicaid managed care plans), Medicare, NC Health Choice, BCBS and Self Pay

***** Se habla español*****

Living Well Behavioral Health**PH: 919-803-2111****FX: 919-803-3083**

502 McKnight Dr. Ste. 201-202
Knightdale, NC 27545

www.livingwellnc.com

Alleviate your depression, nightmares, mania, hyperactivity, anxiety, aggression, insomnia, irritable mood, addiction (and many other symptoms). **Ins: Tricare, Medicaid, NC Health Choice, BCBS Federal & State Health Plan**

Access Family Services
8390 Six Forks Rd Ste. 201/204
Raleigh, NC 27615

PH: (919) 890-5852 FX: (919) 896-6443

www.accessfamilyservices.com

Foster Care, family foster care, Therapeutic foster care, Intensive Alternative Family Treatment (IAFT), B-3 Respite, Rapid response, Applied Behavior Analysis services (ABA), Family Centered Treatment (FCT), Intensive in-home services, Outpatient Therapy, School based therapy, Day Treatment, Medication Management

Accepts most major ins. & Medicaid/NCHC

A New Life Services
312 West Millbrook Rd Suite 129
Raleigh, NC 27

PH: 919-877-6101 FX: 919-876-4953

ADD/ADHD, Medication management, Stress & PTSD, Aggression & Impulsivity, Problems with behavior & discipline, Fears, Anxiety, Anger Management, Problems at school, parenting skill training, self-esteem therapy, family conflicts & more.

Accepts Blue Cross Blue Shield, Medicare & Medicaid/NCHC
****SE HABLA ESPAÑOL****

Center for Emotional Health
8362 Six Forks Rd Suite 104
7190
Raleigh, NC 27615

Ages 4 and over

PH: 704-237-4240 FX: 704-246-

Depression, Bipolar Disorder, Anxiety and Panic Disorder, PTSD, ADHD/ADD, Medication Management, and Counseling.

***Accepts Aetna, BCBS, Cigna, Medcost, Tricare, All Medicaid Plans EXCEPT UHC MEDICAID, Self-pay Rates. (Se Habla Español)**

The Cedar Oaks Clinic
1748 Heritage Center Drive Suite 101
Wake Forest, NC 27587
AGE: 8 AND UP

PH: 919-529-5920 FX: 919-529-5933

Depression, Anxiety, Substance abuse, Insomnia, Behavior change, Personality disorder, Relationship issues, Stress management, Etc. Medication evaluation and/or management. ADHD. Clinical mental health counseling, Recreational therapy and Health coaching/Functional therapy.

***Bcbs (EXCEPT BLUE HOME), UHC, UMR, Cigna, Aetna, Humana, NC Medicaid, Healthy Blue Medicaid, UHC community plan Medicaid, Carolina Complete Health, AmeriHealth Caritas NC, Alliance Health.**

Best Day Psychiatry and Counseling
4505 FAIR MEADOWS LANE
SUITE #102
RALEIGH, NC 27607

PH: 919-670-3939 FX: 984-200-6429

LOCATIONS ALSO AVAILABLE AT: CHARLOTTE, DURHAM, FAYETTEVILLE, FUQUAY-VARINA, GREENSBORO, GREENVILLE, WILMINGTON, AND WINSTON-SALEM.

PTSD, ANXIETY DISORDERS, BIPOLAR DISORDERS, AUTISM, ADHD, DEPRESSION, THERAPY AND MEDICATION MANAGEMENT.

***AETNA, BCBS, HUMANA, TRICARE, CIGNA, MAGELLAN, UHC, BEACON HEALTH, MEDCOST, MEDICARE AND ALL MEDICAID PLANS.**

RALEIGH WELLNESS AND BEHAVIORAL HEALTH

PH: 919-589-1204

FX: 919-589-1264

OPEN: MONDAY-THURSDAY 8:00 AM TO 4:00 PM

DEPRESSION, ANXIETY DISORDERS, BIPOLAR DISORDERS, PTSD, ADHD, SCHIZOPHRENIA AND MEDICATION MANAGEMENT.

***BCBS, CIGNA, UHC, MEDICARE, HUMANA, MEDCOST, AETNA, AMBETTER, BLUE HOME.**

LIFESTYLE CONSULTANTS AGE: 7 AND UP

PH: 919-341-1234

FX: 919-900-7576

8376 SIX FORKS RD. SUITE 101

RALEIGH, NC 27615

PSYCHIATRIST AND PSYCHOLOGISTS ON STAFF

MCERDA@LIFESTYLECONSULTANTS.RV.COM

SUBSTANCE ABUSE/OPIOID TREATMENT, PLAY THERAPY, PSYCHOLOGICAL TESTING, BIBLE BASED COUNSELING, GRIEF AND LOSS COUNSELING, STRESS/RELAXATION THERAPY, FAMILY CONFLICT EVAL, CASE MANAGEMENT, CRISIS INTERVENTION, MEDICATION MANAGEMENT.

***BCBS, HUMANA, MAGELLAN HEALTHCARE, SELF PAY, ALL MEDICAID PLANS.**

**LIFESTANCE HEALTH: AGE 3 AND UP FOR THERAPY PH: 980-528-6287 FX: 704-500-9829
AGE 6 AND UP FOR PSYCHIATRY**

LOCATIONS: CARY, CHARLOTTE, CONCORD, DURHAM, AND RALEIGH

ABA THERAPY, ADHD TREATMENT, AUTISM TESTING AND EVALUATION, CHILD AND ADOLESCENT PSYCHIATRY AND THERAPY, CHILD PARENT REALTIONSHIP THERAPY, COGNITIVE BEHAVIORAL THERAPY, BEHAVIORAL THERAPY, FAMILY THERAPY, MEDICATION MGMT, NEUROPSYCH TESTING, PLAY THERAPY, PSYCHOLOGICAL TESTING AND EVALUATION, TMS THERAPY, AND TRAUMA THERAPY, AND TELEHEALTH AVAILABLE.

***AETNA, NC MEDICAID, MAGELLAN, WELLCARE MEDICAID, BCBS, CIGNA, HUMANA, MEDCOST, OPTUM AND VAYA.**

YELVERTON ENRICHMENT SERVICES PH: 919-872-6220 FX: 919-872-6223

EMAIL: REFERRALS@YES2HH.COM

LOCATION: RALEIGH, NC

AGE 5 AND UP

COMPREHENSIVE CLINICAL ASSESSMENT, PSYCHOLOGICAL OR BEHAVIORAL DISORDER, DIAGNOSTIC ASSESSMENT, DEVELOPMENTAL, SUBSTANCE USE, TELEPSYCHIATRY, OUTPATIENT THERAPY, MEDICATION WELLNESS, SCHOOL BASED THERAPY, INTENSIVE IN-HOME THERAPY AND IN HOME THERAPY SERVICES.

***BCBS COMMERCIAL, ALLIANCE MEDICAID, ALL MEDICAID MANAGED CARE PLAN.**

THRIVEWORKS THERAPY/PSYCHIATRY PH: 855-684-0326 EMAIL: SHANNONM@THRIVEWORKS.COM

BEHAVIORAL HEALTH SERVICES: THERAPY AND MEDICATION MGMT FOR AGES 14 AND UP

***CURRENTLY NOT OFFERING ANY PSYCHOLOGICAL TESTING.**

***AETNA, CIGNA, BCBS OF NC, UHC, FIRST HEALTH, HUMANA AND MEDCOST**