

Asthma Medications

(There are 2 main types of asthma medications)

1. Rescue (Quick-relief) Medications:

- Only use when needed
- Opens narrowed airways
- Helps relieve wheezing, chest tightness, shortness of breath and coughing
- Can also be used prior to exercise in Exercise-Induced Asthma

Some common Rescue Medications include:

Albuterol Nebulizers (Breathing treatments)
Ventolin Inhaler (this is a brand of Albuterol)
Proventil Inhaler (this is a brand of Albuterol)
ProAir Inhaler (this is a brand of Albuterol)
Xopenex Inhaler or Nebulizers

******If your child needs a rescue medication more than twice a week, please contact his/her doctor- a controller medication may be needed!***

2. Controller Medications:

- Taken **EVERYDAY** to control asthma and prevent symptoms
- **NOT** used for immediate relief of symptoms
- Acts by decreasing inflammation and mucous in airways
- Even if your child is feeling well, **DO NOT STOP** this medication unless instructed by your doctor!

Some common Controller Medications include:

Advair Inhaler or Diskus
Flovent Inhaler or Diskus
Pulmicort (Budesonide) Inhaler or Nebulizers
Qvar Inhaler
Alvesco Inhaler
Asmanex Inhaler
Dulera Inhaler
Symbicort Inhaler
Aerospan Inhaler
Singulair (Montelukast Sodium) tablets/granules